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## Palmistry Insights - Interview with Kooch Daniels



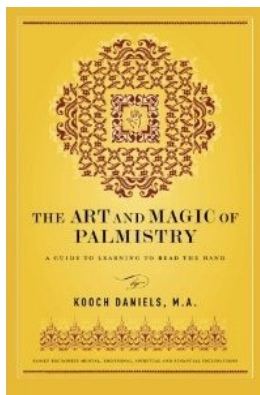
My pal Kooch Daniels is out with a brand new book called *The Art and Magic of Palmistry*, and I wanted to put my nosy nature to good use by asking her some questions about palm reading. I hope you find her insights as fascinating as I did!

**Janet:** Kooch, what kind of things can palmistry tell us?

**Kooch:** An open hand is like a storybook and it is often described as the mirror to the soul. For a palm reader, it tells a story of character or personality traits, mental and emotional qualities, aptitudes, interests, and potential life and romantic directions. An experienced palmist can read secrets in the hand such as an illicit love affair or other clandestine topics that aren't normally open for discussion.

**Janet:** What kind of things CAN'T it tell?

**Kooch:** What palmistry can or can't tell a person is determined by belief system, intuitive development, and emotional focus of the reader. Because each reader uses different techniques to analyze the hand, each will have a different idea as to what can or can't be read in the palm. A reader's values also dictate what is or isn't taboo. For instance I don't believe that palmistry should be used to make choices for people or tell people what to do, and therefore I don't tell people what decision they need to make concerning a pending choice. My values won't let me tell someone the date of their death, but another reader who believes differently might answer the often asked question, "When am I going to die?" I have sometimes had to "clean up after" other readers who predicted disasters that didn't happen, but left a person filled with worry and foreboding.



**Janet:** Like Tarot and another divination tools, ignorant individuals assume that readers can pull tickets to wealth out of their hat. Let's put this to rest, once and for all, especially with palmistry: Can hand readers give people the winning lottery numbers or hot tips on what stock to buy?

**Kooch:** If palmistry could do this, we would all be winning the lottery and every palm reader would be making a lot of money playing the stock market or the horse races instead of doing readings.

**Janet:** If a person injures his or her hand, does it affect destiny?

**Kooch:** Destiny is not created or changed by an injury, even though the effects of an injury may change a person's life. I can draw a parallel with the question: If a person has an accident and smashes the bones in the hand, does it affect destiny? Having broken bones is part of the person's destiny. The time it takes to heal the hand may change a person

outlook on their life and the importance of their hand will affect their future, such as with a carpenter who can no longer use tools. A person may begin to live life anew with the desire to make better choices with the inner lessons learned from having injured their hand. Of course, injuries or scars on the hand come into special focus when doing hand interpretation.

**Janet:** You looked at my son's palm and noted he's very creative (and he is). Anything I should take note of to continue to support him?



**Kooch:** If you find yourself getting into power struggles with your son, it may be because he takes after his mother. (If and when this occurs, you can notice it, tell yourself, "Oh, we're caught in a power struggle," and ask yourself, "Is this truly important, or is the issue, Who wins?" In the latter case, you may find that the best solution is for you to detach, step back, and let him listen to his own authority with your friendly guidance.) His fingers are open in the same manner as your own which indicates that he's following your example on how to approach life. Although his little finger, Mercury Finger (strong communication skills) doesn't stretch out as far as yours, it is still accented by the direction it points. His self-expression skills will be fine-tuned through his creative efforts, but they will be developed in accord with his own potential. My question is "Does he want to play the drums or some other musical instrument?" His hand shows him aspiring to take the lead.

**Janet:** Wow, that is SO accurate! And fortunately, BOTH of us realize that we're very similar, which is why we have power struggles at times--and that we often need to stop, back up, and evaluate "what's this about". And yes, he wants to play drums! He has great rhythm and made himself a homemade set of percussion instruments. We plan on buying him bongos some day, so I'm glad his palms confirm this.

You noted about my palm that I am "so very open to life, love and what knocks on your door." This is very correct. What about my palm shows you this trait?

**Kooch:** An open-hand represents an open-minded person. Your long lines indicate that whatever you do, you have the mind-set or energy to take it a long way. You put pressure on yourself to excel. Make sure you give yourself vacation time as your middle Finger of Saturn (hard work, responsibilities, seriousness) is showing its dominance over other your fingers (recognized by its width).

**Janet:** People often have misconceptions of the Life Line, thinking that its length denotes shortness or length of life. Can you dispel this myth and explain what it REALLY means?

**Kooch:** The length of the Life Line indicates does not denote length of life. This line has been studied in the hands of people who have died and it was discovered that the length of this line and length of life do not correspond. In my book, *The Art And Magic Of Palmistry*, I state that "this line corresponds to significant life circumstances and activities. It represents the flow of energy or chi, and a break in a line suggests a rupture, disturbance, or change in the force of life energy."

**Janet:** Do you feel that anyone can learn palmistry...or do you have to have "the touch", much like skillful Tarot readers?

**Kooch:** Anyone who enjoys touching and holding hands is a candidate for becoming a palm reader. However, some people are more willing to study and practice which will make a big difference in being a good reader or someone who isn't. Can every tarot reader, healer, doctor or lawyer become famous and known for being really, really good? Most of us will answer that question "no", as we've all experienced the good and the bad in every profession.

**Janet:** If you want individuals to know one thing about palmistry, what would it be?

**Kooch:** What a great question! I'm juggling different answers, but my favorite reply is: It's the best way to connect with total strangers and know them instantly.

**Janet:** Thanks so much for your time, Kooch! You can order Kooch's book *The Art and Magic of Palmistry* from Amazon at [this link](#). Kooch is the co-author of two other books (along with her husband Victor Daniels): *Matrix Meditations: A 16-week Program for Developing the Mind-Heart Connection* and *Tarot D'Amour: Find Love, Sex, and Romance in the Cards*. You can visit Kooch online at [CyberMystic.com](#).

-- **Janet Boyer**, author of *Back in Time Tarot*, *Tarot in Reverse* (Schiffer 2012) and the *Snowland Tarot*